

Classic Central Peru

Central Peru

The endemic hotebed
of the Country



Lomas de Lachay - Santa Eulalia
Valley - Milloc Marcapomacochas
- Junin Lake - Bosque Unchoq -
Paty Trail - Carpish Tunnel -
Oxapampa - Villa Rica - Satipo
Road - Mantaro Valley - Quebrada
Llanganuco.



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Birdwatching
According to
your needs

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Birding in Junin Lake looking for one of the most critically endangered species "JUNIN GREBE"

CENTRAL PERU

19 days

Central Peru is, unsurprisingly, the endemic hotbed of the country. Birding the dry West Andean Slope, the barren but diverse high-elevation puna, and humid forests from the treeline to the beginnings of the Amazon lowlands, you will find a rewarding variety of habitats in this area. Some of the star birds include Great Inca-Finch, Black-necked Woodpecker, Junin Canastero, White-cheeked Cotinga, Diademed Sandpiper-Plover, Junin Grebe, Golden-backed Mountain-Tanager, Yellow-scarfed Tanager, Bay-vented Cotinga, Plain-tailed Warbling finch and many more.

Most of this tour is on decent paved roads, though some time is spent on gravel roads in more remote areas. Most hotels are comfortable, clean, and mid-range, but unique local endemic species.

ITINERARY

Day 0: Arriving to Peru.

This day a Transfer service we will be waiting for you to transport to you to your Hotel
Night in Lima: Hotel in Miraflores.

Day 1: Santa Eulalia Valley.

The spectacular scenery of the Santa Eulalia Valley provides an appropriate backdrop for tracking down a number of rare endemic birds. Our primary targets are the extremely localized Rufous-breasted Warbling-Finch and Great Inca-Finch; while looking for them we're likely to encounter other goodies like Bronze-tailed Comet, Black Metaltail, and Rusty-crowned Tit-Spinetail, Black-necked Woodpecker, Thick-billed Miner- all Peruvian endemics. More common species we may encounter through the day include Canyon Canastero, Giant Hummingbird, Peruvian Sheartail, White-capped Dipper, White-winged Cinclodes, and Torrent Duck, around midday Andean Condor could be flight by, late in the day we drive back to Santa Eulalia where Peruvian Pygmy-owl can be calling.

Night in Santa Eulalia- Santa Eulalia
Bungalows B:L:D.



Great Inca-finch

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Bay-vented Cotinga: one of the 4 Peruvian megas restricted to Central Peru in bosque Unchoq



White-bellied Cinclodes

Day 3: Lake Junin.

We'll do whatever present conditions require to find the Critically Endangered Junin Grebe this morning. Currently we plan to take a small motor boat out into the deeper parts of Lake Junin to ensure good views of this hard-to-identify bird. There are many other interesting birds at Lake Junin, including Plumbeous Rail, Puna Plover (seasonal), and a variety of waterfowl. White-tufted Grebe, Puna, Yellow-billed Teals, Yellow-billed Pintail, Chilean Flamingos and lots of andean species located in the high andes like Junin Canastero, Black-breasted Hillstar, Dark-winged Miner, late in the day drive to Jauja

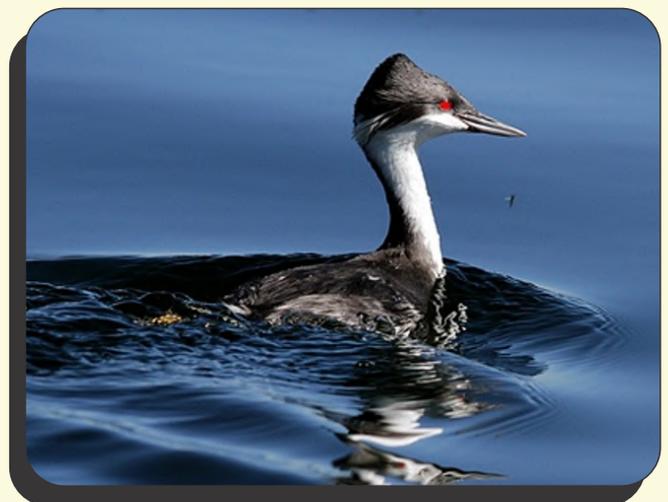
Night in Jauja.

B:L:D.

Day 2: Milloc - Marcopomacochas.

This is one of the most exciting birding days in Peru, in spite of a relatively low total species count due to the high elevation - almost every bird we'll see is a specialty! We'll start by scouring a patch of Polylepis forest for the rare White-cheeked Cotinga. Other birds here include Stripe-headed Antpitta and Striated Earthcreeper. We'll then move up the Milloc Valley, ticking off puna birds on the way: Black Siskin is common, while we'll concentrate on finding Black-breasted Hillstar and a variety of canasteros (including the endemic Junin Canastero) and ground-tyrants. In the afternoon we'll bird the famous Marcapomacochas area where we will hope for a plethora of special birds, including the enigmatic Diademed Sandpiper-Plover, the stunning White-bellied Cinclodes, and the incongruous Olivaceous Thornbill. We'll return to paved roads in the late afternoon, after a tiring but very rewarding day of birding and bumping along dirt roads.

Night in La Oroya. B:L:D.



Junin Grebe



Day 4: Mantaro's Valley Heart.

Today will leave very early for the road to Comas. This village is located close to Mantaro Valley around this village we look for Eye-ringed Thistletail, and Fire-throated Metaltail, Creamy-crested Spinetail, Tschudi's Tapaculo, Millpo Tapaculo, in the afternoon we'll look for Mantaro Thornbird, and Mantaro Spinetail (different race of Azara's Spinetail), recently discovered and described Black-goggled Brush-Finch – Black-spectacled Brush-finch.

The shrubby slopes also provide a home for the endemic, recently discovered Thryothorus wren [Mantaro Wren] either an undescribed race of the endemic Inca Wren or perhaps a new species to science.

In the evening we have change for night birding, we look for the undescribed specie of Screech Owl, "Accobamba Screech-owl".

Night: Accobamba..

B:L:D.



Creamy-crested Spinetail



Mantaro Wren

Day 5: to Apalla Calabaza.

We spend all morning in the middle of Mantaro Valley, birding around Accobamba looking for the recently discovered and described Black-goggled Brush-Finch – Black-spectacled Brush-finch. The shrubby slopes also provide a home for the endemic, recently discovered Thryothorus wren [Mantaro Wren] either an undescribed race of the endemic Inca Wren or perhaps a new species to science. In the same area we have a chance for Mantaro Thornbird, and Mantaro Spinetail (different race of Azara's Spinetail).

After a morning birding around Acobamba we drive toward Satipo Road where are Junín Tapaculo, (new sp), (Large-footed Tapaculo) and weskei ssp of Marcapata Spinetail which looks as a good split. Late in the day we can look for Lyre-tailed Nightjar.

Night: in Apalla Calabaza. Basic Accomodation
B:L:D.

Golden-backed Mountain-tanager:
the mythical and fabulous species
that we can find just in Bosque unchoq



Day 6: Satipo Road.

This area is similar in appearance to the famous Manu road, but less pristine and some other selection of species: Birding morning above Apalla Calabaza for Bay Antpitta. some missing specie or second view of Eyring Thistletail, Marcapata Spinetail, Junín Tapaculo and nice humid montane mix flocks: Inca Flycatcher, Lacrimose Mountain-tanager, Gray-breasted Mountain-toucan, Grass-green Tanager, down below forest have another set of mix flock, Paradise, Golden, Blue-necked, Bay-headed tanagers and more birds are mixed flocks members, Ocellated Piculet and rare Lanceolated Monklet are in lower elevation, them we drive to Satipo where we spend a night.

Night in Satipo.
B:L:D.



Eye-ringed Thistletail

Day 7 To Villa Rica.

Early in the morning we drive to Villa Rica, we'll be birding in Coffee plantation our main target is Creamy-bellied Antwren, if we are lucky maybe Foothill Elaenia, Peruvian Tyrannulet, Chestnut-back Antshrike and lots of tanagers, around midday we visit a lake where can see erratic Mask Duck, Plumbeous Rail, Blackish Rail and some other shore birds. late in day we drive to Oxapampa on the way we pass by bosque shollet – Gran Pajonal, where chestnut-crested Cotinga, Peruvian Wren another chance for Bay Antpitta are 'possible, then drive to Oxapampa, night birding can show us Cloud forest Screech-owl,

Night in Oxapampa.
B:L:D.



Creamy-Bellied Antwren

Black-spectacled Brushfinch:
Peruvian endemic species located in
Maricao valley in Central Peru

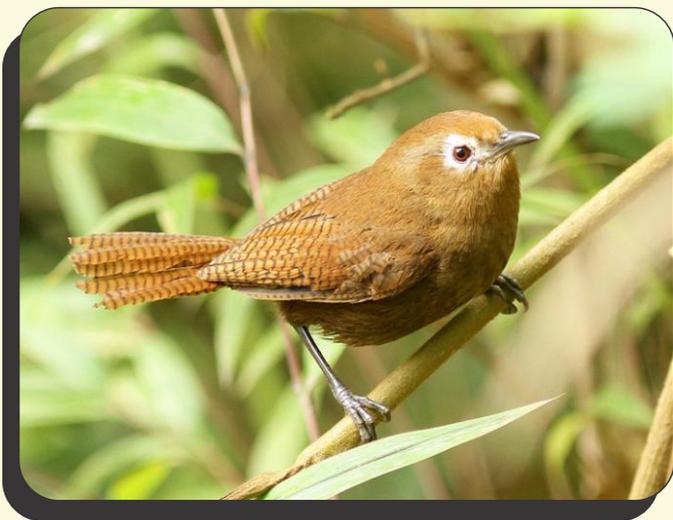


Day 8 Bosque Shollet.

This day we'll be birding most of the day in this area looking for specialties: Sickle-winged Guan, Streak-headed Antbird, Variable Antshrike, Bay Antpitta, Rusty-breasted Antpitta, Black-winged Parrot, White-eared Solitaire, Speckled Hummingbird, Greenish Puffleg, Bronzy Inca, Collared Inca, Scaly-naped Parrot, Trilling Tapaculo, Buff-browed Foliage-gleaner, Montane Foliage-gleaner, Rufous Spinetail, Peruvian Tyrannulet, Cinnamon-faced Tyrannulet, Red-ruffed Fruitcrow, Ocellated Piculet, Strong-billed Woodcreeper, Crimson-bellied Woodpecker, Masked Fruiteater, Green-fronted lancebill, Pale-edged Flycatcher, Rufous-crested Tanager, Tawny-rumped Tyrannulet, White-winged Black-tyrant, Pale-footed Swallow, Oleaginous Heminpingus, Olivaceous Greenlet.
Night in Oxapampa. B:L:D.



Masked Fruiteater



Peruvian Wren

Day 9: To Tarma.

We have a final morning in the area looking for some missing species depending what we are missing we visit some of the previous places that we visited, Bosque Shollet, Villa Rica or Antena Road, after mid morning we drive back to the high andes, we'll be birding along the road if we are lucky we can get White-tufted sunbeam and some other andean species Black-breasted Hillstar (Endemics).

Night in Tarma.
B:L:D.



Day 10: **La Quinoa to Huanuco.**

We'll go back to the Andes, birding in la Quinoa - Polylepis forest: Black-crested Tit-Tyrant, Giant Conebill, Thick-billed Siskin, Streaked Titi-spinetail, D'Orbignis Chat-tyrant, Striated Earthcreeper, Rufous-webbed Bush-tyrant, Rufous-chested Tanager, Tufted Tit-tyrant, Green-tailed Trainbearer, Giant Hummingbird, Green-headed Hillstar, Andean Flicker, Brown-bellied Swallow, Plain-colored Seedeater, Bright-rumped Yellow-finch, Tyrian Metaltail, Stripe-headed Antpitta, Black Metaltail and a few more endemics such as Brown-flanked Tanager and Baron's Spinetail on the way we are going to look for Rufous-backed Inca-finch. and along Huallaga River Headwaters.

Night in Huanuco. B:L:D.

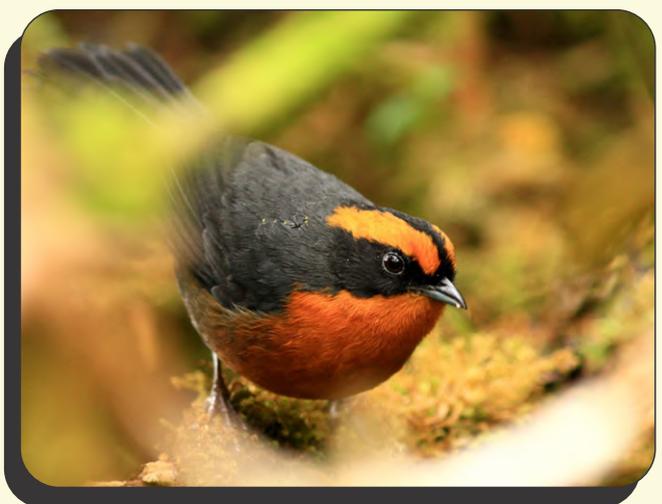


Brown-flanked Tanager

Day 11 - 12: **Bosque Unchog.**

We'll have 2 full days and to explore this most important site of the trip. The ""Big Four"" here - Golden-backed Mountain-Tanager, Rufous-browed Hemispingus, Bay-vented Cotinga and Pardusco - are all among Peru's best birds, but are difficult. Of course there are other goodies to be found, among them Golden-collared Tanager, Coppery Metaltail, Tscudi's and Large-footed Tapaculos, Line-fronted Canastero, Red-rumped Bush-Tyrant, Ochraceous-breasted Flycatcher, and the obscure race of Rufous Antpitta (likely to be elevated to full species status and often referred to as 'Fulvous Antpitta'), White-chinned Thistletail (here of the endemic southern race, which is sometimes split as Plenge's Thistletail), We will also listen for the monotonous calls of the endemic Neblina (or Elfin Forest) Tapaculo, while we hope to find the smart Line-fronted Canastero in grassy areas with large boulders.

Night in beautiful Lodge Outside Huanuco (on the Way to Bosque Unchoq). B:L:D.



Rufous-browed Hemispingus



Yellow-scarf Tanager

Day 13: **Carpish Tunnel.**

Leaving the biodiverse foothills behind, we'll move back to higher elevations today to continue our quest for endemics. This morning we'll especially be looking for Yellow-scarfed Tanager, Unstreaked Tit-Tyrant, and Peruvian Wren, Gray-breasted Mountain-toucan, Barred Fruiteater, Rufous-headed Pygmy-tyrant, Bar-bellied Woodpecker, Powerful Woodpecker, and if we are lucky Buff-tailed Sicklebill, while Chestnut Antpitta is also a distinct possibility at this site. In the afternoon we'll drive to our comfortable Lodge.

Night in Huanuco. B:L:D.

Day 14: **Paty Trail.**

We'll spend most of the day at the Paty Trail, one of Central Peru's most famous birding sites. Though the habitat is unprotected and more degraded each year, many good birds can still be found. A few of the candidates include, Barred Fruiteater, White-tailed Tyrannulet, Rufous-vented Tapaculo, and Bay Antpitta, all Peruvian endemics. If we're lucky Masked Fruiteater, we'll also experience some good general flocks bringing us a diversity of tanagers, flycatchers and furnariids. In the afternoon we'll descend Lower down on the same trail looking for the rare and local Orange-breasted Falcon.

Night in Huanuco. B:L:D.



Barred Fruiteater



Baron's Spinetail

Day 15 **To Ancash – Yungay.**

We have a long Driving, just a couple stops on way our main target on this day its Brown-flanked Tanager, peruvian endemic species and many high andes species.

We'll spend a night in Yungay this is the closest town to Quebrada Llanganuco, considering this we'll spend a night here.

Night in Yungay. B:L:D.

Plain-tailed Warbling-finch: Peruvian Endemic species one of the highlights in Central Peru



© Miguel Lezama Ninancuro



Rufous-eared Brushfinch

Day 16 - 17: Quebrada Llanganuco - Ancash.

we are going to visit Peru's heart birding area - Quebrada Llanganuco, protected area with one of the biggest polylepis forest some of our targets are: Ancash Tapaculo, Plain-tailed Warbling-finch, Rufous-eared Brushfinch, White-cheeked Cotinga, Striated Earthcreeper, Many-striped Canastero, Tit-like Dacnis, Giant Conebill, Rusty-crowned Tit-spinetail, Streak-backed Tit-spinetail, Andean Tit-Spinetail, Baron's Spinetail, D'Orbignis Chat-tyrant, Buff-breasted Earthcreeper, Blue-mantled Thornbill, Andean tinamou and many andean species including some migrants. considering how isolated is this area better to spend couple days to clean all the targets in the zone. Night in Yungay: B:L:D,

Day 18: Dry forest to Pacific Coast.

After birding in quebrada Llanganuco, this time we go down the valley along the Cañon del pato, here there few but very localized species, like Pale-tailed Canastero, Spot-throated Hummingbird, Black-necked Woodpecker, Collared warbling-finch, Great and Rufous-backed Inca-finch, and many more. after couple hours birding we'll start driving back to the coast on the way we look for the rare and threatenet Russet-bellied spinetail and Unicolored Tapaculo late in the day we'll be birding in the marshy area along the coast. Night in Baranca. B:L:D.



Pale-tailed Canastero

Day 19 Coastal birding Lomas de Lachay.

We'll have a coastal birding looking for the threatened species Peruvian Tern, Peruvian pipit, Many-colored Rush-tyrant, Peruvian Thick-knee, and lots of migrants waders and gulls, then we drive to one of threatened habitat along the pacific slope famous " Lomas", where some species are rectricted: Thick-billed, Grayish, Coastal and common Miners, Raimondi's Yellow-finch, Least Seedsnipe, Cactus Canastero, Band-tailed Sierra-finch, late in the day we drive to Lima. transfer to the airport end of the tour Night in Lima. B:L:D.



Raimondi's Yellow-finch



HINTS, TIPS, SUGGESTIONS AND NEED TO KNOW INFORMATION FOR YOUR BIRDING TRIP

General Location Information

Birding will primarily be on forested roads and some trails – difficulty is easy to medium level

- We will be moving between sea level – 4,800 (just in the pass) meters.
- We will experience all kinds of weather, but no special clothing is necessary.
- We will have electric power at all our destinations. There are sockets inside all rooms with 220volt electricity.
- Please note be sure and bring extra batteries as electricity in some lodges we will have just generator for 3 hours about (electrical blackout).
- We will have rooms with twin beds and private bathrooms in most of the lodges except in Accobamba where we have basic local accomodation.
- Internet: this service is available inside some hotels (Santa Eulalia, La Oroya, Satipo, Oxapampa, Huanuco, Lima and Paracas.).

What to bring and general information.

- Please do not bring too much luggage. For domestic flights you can hold 23 kg. (48 lbs.) and 8 kg. (16 lbs.) in hand luggage. Extra costs run by you. (we'll not take any domestic flight during this tour)
- Light weight comfortable clothing is recommended, i.e. standard field pants and shirts for the entire trip, and some extra clothing for the high Andes area
- Sunblock and hat or cap.
- Rubber boots (optional) hiking boots would be enough
- An umbrella and rain poncho.
- Small flashlight for owling – I will have a strong owling light
- You will need a fleece or other light jacket – NOT a heavy winter type coat/jacket. This is noted for the high andes - Puna. We will be in all kinds of weather, but no special clothing is necessary. If you are a person that gets cold easily – perhaps a little more clothing, like a warm hat or light-weight gloves would be in order.
- Shower thongs / rubber flip flops will be useful.

What I (guide) will have with me

Recording stuff, two iPods- speakers

Leica televid 77 Scope, laser pointer, owling light. -I will be carrying a book (Birds of Peru) you can be

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MEDICAL AND HEALTH INFORMATION

High altitude information you may find useful. we'll be going slowly to the high andes Adjusting to higher altitude is a very individual thing. Some may feel no effects at all, some may have minor effects, and others may experience great difficulty. Coca tea is good help and we have first aid kit and an **oxygen ball for the use of our costumers.**

You may feel the lack of oxygen, and will easily get "out of breath" for the first two or three days, so take it easy. You may feel a little nauseous, have a headache, or tire easily.. You will acclimatize to it by producing more red blood cells, so you should make sure you stay well hydrated, as the extra cells thicken your blood.

Drink lots of water, while avoiding alcohol or caffeine. Dehydration can make any effects of altitude worse. Try to avoid over-eating the first day.

Please keep in mind our birding tour will be over a wide range of altitudes – and we will be acclimatizing as we move through the different habitats.

By the time we reach the very high altitude of the Abra Ticlio we should be adjusted to the altitude. We will be taking our time, birding slowly, and enjoying ourselves. That being said, **your safety and well-being is of first importance above all else.**

Therefore, I will be making frequent checks to make sure everyone is feeling well. If someone in the group isn't feeling well our driver will be ready to take the person or the group to lower altitude very quickly.

There are medications available for altitude sickness. Please check with your doctor. For the headache, you can take an over-the-counter medicine, such as acetaminophen (Tylenol), ibuprofen (Advil, Motrin), or naproxen (Aleve).

Yellow Fever vaccination Would be ok if you can get for travel to Peru but is not a official regulations.

Those travelling from the United States might like to check the Center For Disease Control Traveler's Health website for information or locations of clinics near your area. Alternately you can check with you doctor.

Malaria and other tropical diseases are not present in our destinations but if you feel safer to get medicine is not a problem, We will be in areas with a mosquitoes and other biting bugs. Insect repellent will be useful in the lowland areas.

Travel insurance

Our suggestion is that you use travel insurance service. The normal price of this tour not covers travel insurance.

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Prices include:

- private transport in all the way (ground transport)
- all accommodations in all the tour (Lima/Lima)
- Transfer service on your arriving.

Hotel in Lima on your arriving

- three meals per day (breakfast, lunch/ picnic or box lunch depending where we are, dinner, snacks, water available all the time)
- Bird guide specialist.
- Bird check list per person.
- Boat to get Junin Lake
- Fee entrance to Junin Lake.
- Fee entrance to Bosque Unchoq, Carpish, Llanganuco, Lomas de lachay,
- basically full board in a private tour.

Not included: laundry, calls, medical costs or hospitalization, excess baggage charges, insurance, or other items of personal nature, domestic Flights.

Price:

Group size 4 people	USD 4721.30 per person
Group size 5 people	USD 4188.48 per person
Group size 6 people	USD 3797,65 per person
Single suplement	USD 289.00

If you need more information please feel free to contact us.

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Best wishes and Good Birding.

Tanager Tours.

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